

Paediatric Occupational Therapy: Tips and Strategies

Website	How might this help?
https://www.hse.ie/eng/services/list/1/lho/corknorthlee/therapy/paediatric-occupational-therapy/useful-resources.html	<p>Tips and strategies for parents on the following:</p> <ul style="list-style-type: none">• Play Skills• Developing Hand Dominance• Fine Motor Skills• Gross Motor Skills• Self-Care Skills• Sensory Processing• Prewriting Skills• Handwriting Skills• Visual Perception Skills• Organisational Skills
https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/occupational-therapy	<p>Parent Information Leaflets on the following:</p> <ul style="list-style-type: none">• Coordination Booklet• Dressing Skills• Early Development Skills• Feeding Skills• Fine Motor Skills• Gross Motor Skills• Handwriting Development• Perceptual Skills• Scissor Skills• Sensory Brochure• Sensory Equipment Supplier Information• Toileting Advice• Toileting Advice for Children with ASD• Transition to Secondary School for Parents• Transition to Secondary School for Young People

Free Resources and worksheets

Free resources and worksheets on <https://www.toolstogrowot.com/free-therapy-resources/sort/date-new> (includes a handwashing sequence schedule)

<https://www.ot-mom-learning-activities.com/>- activities, information and Ebooks

Other

<http://www.millfields.hackney.sch.uk/uploads/2019/Corona%20Virus%20Info%20for%20Young%20Children.pdf.pdf>

<http://wonderopolis.org>

<https://www.cosmickids.com/category/watch/>

<http://www.helpmykidlearn.ie/>

<https://ncca.ie/en/primary/resources-for-parents>

<https://www.readingrockets.org/>

www.seomraranga.com

<https://rewordify.com/>

<https://www.twinkl.ie/>

<https://www.sparklebox.co.uk/>

www.audible.co.uk

<https://www.oxfordowl.co.uk/for-home/>

www.scoilnet.ie

www.gonoodle.com

<https://www.supertroopers.ie/>

www.sfi.ie (discover primary science and maths)

<https://www.learningstationmusic.com>

<https://kids.nationalgeographic.com/animals/reptiles/>

<https://www.nasa.gov/kidsclub/index.html>

<http://www.ecofriendlykids.co.uk/>

<https://www.sesamestreet.org/>

<https://activeforlife.com/resource-intro/>

<https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Org-Motor-Skills/NEPS-Fine-Motor-Strategies-Early-Years.pdf>

<https://www.nhsggc.org.uk/kids/healthcare-professionals/paediatric-occupational-therapy/fizzy-programme/>

<https://www.hse.ie/eng/services/list/1/lho/corknorthlee/therapy/paediatric-occupational-therapy/gross-motor-skills.pdf>

Fun With Directions APP

Breathe, Think, Do with Sesame APP